



Activate Camp 2010

www.aktivateteam.org.uk



An exciting activity camp for all Scouts and Guides

Rhydd Covert Scout Camp Site, Kidderminster

June 19th and 20th

Details

- The basic cost is £28.00 per person to include two full days of activities (food not included). On a few of the activities you have to pay an additional supplement ranging from £6.00 to £9.00.
- Activities are provided at various levels of ability, for full details see "Activity Levels" on the entry form.
- For those who can not attend both days, or are unable to camp, you may still come along and take part in the activities during the day time. Please discuss this option with your Unit Leader.
- Full instruction is given on all activities. Where instruction is provided by non Scout / Guide instructors then the Scouts and Guides will be accompanied by a Scout / Guide Leader.
- Transport to and from activities will be provided by coach, minibus or private car. Minibus drivers will hold County Council permits and be approved volunteers.
- For all water activities participants must be able to swim a minimum of 50 metres. Participants will require a full change of clothing for each day of water activities.
- Full kit list of activity wear will be provided with your booking confirmation.
- All Scouts and Guides participating in the camp are welcome to attend the Camp Fire and B-B-Q on Saturday evening.

Land Activities

Fencing (open level)

Try something completely different, a big hit in previous years. Learn all the basics about this great sport from our own instructors. This is an excellent day's activity run at a nearby Scout HQ and suitable for all ages.

Mountain Biking (novice level)

A full day of instruction for those with limited experience of off road cycling. All participants must be able to ride a bike, otherwise this activity is suitable for all ages and no previous experience is necessary. All equipment will be provided. Use of your own bike is not possible. Instruction provided by the Activate Team's instructors.

Pony Trekking (open level) available on Saturday only

An enjoyable pony trek in the Black Mountains. This activity is suitable for all ages and no previous experience is necessary.

Pony Trekking (intermediate level) available on Saturday only

A more demanding pony trek in the Black Mountains for participants with some experience of this activity. It is important that Scouts and Guides taking part in this session can confidently walk and trot, and will have cantered on a horse before.

Up in the Air Day (open level)

A visit to Half Penny Green air field including a ride in a light air craft. Feel the thrill of what it is really like to fly. A day suitable for all. Full uniform to be worn by all participants. If the weather is unsuitable for flying this activity will be switched to a visit to RAF Cosford air museum which will include trying your hand at their flight simulators (the supplement for this activity will be refunded if the poor weather option happens).

Rock Climbing (novice level)

A day's instruction in basic rock climbing. Instruction will take place at two local climbing towers / walls. This activity is suitable for all ages and no previous experience is necessary.

Rock Climbing (intermediate level)

A day's climbing at a local outdoor crag for those with some experience of this activity. Participants must have sufficient climbing experience to feel they will be able to cope with this challenging day of climbing. It is important that all participants are comfortable operating at height from the outset of the day. A day more suited to older Scouts and Guides.

Targets Sports (intermediate level)

A half day of archery and half a day of air gun shooting. A great day of target sports which is suitable for all Scouts and Guides who have had some previous experience at these activities. Prizes given on both days for the Champion Sharpshooter!

Caving (open level) – available on Sunday only

A fascinating trip to Clearwell caves in the Forest of Dean. After kitting up you will explore this cave and mine system under the guidance of an experienced cave leader. Warning – this activity is wet, muddy and takes you crawling deep underground through caves, mines and small tunnels.

Mountain Boarding (open level) – available on Sunday only

A chance to try out this exciting sport (skateboarding on grass) at a "local" specialist centre. Basic instruction will be given then it's have a go and see how you can progress.

Have a Go at Rhydd Day (open level)

Four short 'suck it and see' sessions. You get four sessions allocated on the day from the following: abseiling, archery, fencing, crate stacking, shooting, mountain biking, geocaching or climbing (other activities may be added to this list by the date of the camp). A great day for anyone who has not tried these activities ever before. A real mixed bag which is very suitable for younger Scouts and Guides. It's pot luck what you are allocated on the day so come prepared to try anything!!

Water Activities

Please note all participants choosing water activities must be able to swim 50 metres.

Paddlepower Start (novice level)

Take pot luck and have a day of mixed paddlesports aimed at the complete novice. Try your hand at canoeing, kayaking, bell boating or rafting. A fun and very wet day run by the Activate Team's own instructors and based at Top Barn Activity Centre near Hallow. This activity is suitable for all ages and no previous experience is necessary. All equipment is provided. If you have little or no experience at water activities then this is the day for you. Participants will all receive a British Canoe Union Paddlepower Start certificate.

Paddlepower Passport / Discover (intermediate level)

A river trip on a local river or canal for those with some experience of paddling. This is a mixed day where participants will use both kayaks and Canadian canoes. An opportunity to increase experience and skills towards gaining the British Canoe Union Paddlepower Passport or Discover Award. Participants not only need to be able to swim 50 metres but need to be confident in water.

Sail Sport (open level)

A one day introduction to sailing and windsurfing at Top Barn Activity Centre. Never tried this sport before? Then now is your chance. Instruction provided by the Top Barn staff.

Rafting Trip (not white water) (open level)

Rafting down the River Severn on the Activate inflatable rafts including shooting the Trimpley rapids. Great fun and very wet. This activity is suitable for all ages and no previous experience is necessary. All equipment is provided. Participants not only need to be able to swim 50 metres but need to be confident in water.

Mixed Boating Activities (open level)

A give it a go day featuring 3 completely different water activities – power boating, pulling (rowing) and dragon boating. Run on the river at Worcester with instruction from members of the Activate Team.

Activate Camp 2010 – Application Form
Rhydd Covert Scout Camp Site – June 19th and June 20th

Please fill out all sections of this form.

Name D.O.B.

Unit Name Home Telephone

Home Address

.....

..... Post Code

Parent or Guardian's Contact Phone Number
(for the weekend of 19th & 20th June, if different from Home Telephone Number)

Height **Weight** **(both must be filled in)**

I will be doing activities both days Saturday only Sunday only
(please circle as appropriate)

I will be camping both nights Friday night only Saturday night only
(please circle as appropriate)

Unit you will be camping with

Activity Levels

All activities are given an experience level:-

- Open activities are suitable for all Scouts and Guides from the complete beginner to the experienced hand.
- Novice activities are suitable for those Scouts and Guides who have tried this activity perhaps just once or twice before.
- Intermediate activities are suitable only for those who have tried out this activity on at least three previous occasions and in some cases have a minimum skill level (shown below).

Please note that for all water-based activities Scouts and Guides must be able to swim 50 metres. On all cycling activities Scouts and Guides must be able to ride a bike already!

Intermediate Activities Skill Level Guidance

- Target Sports – must have done both shooting and archery several times before.
- Pony Trekking – must be experienced enough to control your mount properly while both trotting and cantering.
- Rock Climbing – must have climbed and abseiled before on several occasions to be certain that you will be okay operating at the height.
- Kayak – you can forward paddle in a straight line and are confident at your capsize drill in open water.

Payment

The basic fee of **£28.00** is payable with this application form. If you are attending just one day then the fee is £14.00. Please make cheques payable to "The Activate Team". The fee is non returnable if you cancel after 1st June. When your activities have been confirmed you will be invoiced for any Activity Supplements you owe. All supplements must be paid upon arrival at the camp.

Activity supplements (+ £)

Some activities require participants to pay an additional supplement. These supplements are shown in the '+ £' column below.

Selecting activities

In the matrix below you must select (tick) five activities you would like to try in order of preference. From this selection you will be allocated two activities; one for Saturday and one for Sunday. Please put just one tick in each column. **Forms submitted with less than five selections or more than one tick in a single column will be returned!**

Confirmation of activities will be sent out approximately ten days before the camp.

Activity	Level	+ £	1 st	2 nd	3 rd	4 th	5 th
Fencing	Open						
Mountain Biking	Novice						
Pony Trekking	Open	£9.00					
Pony Trekking	Intermediate	£9.00					
Up in the Air Day	Open	£9.00					
Rock Climbing (tower)	Novice						
Rock Climbing (crag)	Intermediate						
Target Sports	Intermediate						
Caving	Open	£6.00					
Mountain Boarding	Open	£6.00					
Have a Go at Rhydd Day	Open						
Paddlepower Start	Novice						
Paddlepower Passport	Intermediate						
Sail Sport	Open						
Rafting Trip	Open						
Mixed Boating Activities	Open						

I confirm my son / daughter **can / cannot** swim 50 metres and I am **happy / not happy** for them to take part in shooting (air gun) activities. *(please delete as appropriate).*

Signed (Parent or Guardian)

Parent or Guardian's Name

Signed (Unit Leader) Tel No.

Leader's Name (Please Print)

Leader's Address

.....

Leader's Email

Please return this form with the basic fee of £28.00 to: -

Daren Jackson, 116 Elan Avenue, Stourport. Worcs DY13 8LR Tel - 01299 822014

All Cheques Payable to "The Activate Team"